Universal Events Presents

Breakthrough to Success

With The

Christopher Howard
Training Team

WEALTH AND FULFILLMENT
NEXT GENERATION
BREAKTHROUGH PERFORMANCE
TECHNOLOGIES
AND PROFESSIONAL EXCELLENCE

STEP INTO YOUR POWER
BREAKTHROUGH TO SUCCESS

PLAY A MUCH
BIGGER GAME
GET RESULTS

FAST TRACK
YOUR SUCCESS

Grow Live your dreams
Go for the Goal
Play BIG
Live a rich life
Change
Transform your life
ENJOY

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Australia • USA • United Kingdom

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DESIGN YOUR DESTINY
BILLIONAIRE BOOTCAMP
PERFORMANCE REVOLUTION

CHRIS HOWARD'S MASTER TRAINERS' DEVELOPMENT

PRESENTATION AND PLATFORM SKILLS TRAINING
MASTER RESULTS AND PERFORMANCE CONSULTANT CERTIFICATION
RESULTS CERTIFICATION

BREAKTHROUGH TO SUCCESS
MY GOALS
THE UNCONSCIOUS MIND

All

Learning

Behavior

and

Change

is unconscious!
CAUSE AND EFFECT
(WHICH SIDE OF THE EQUATION ARE YOU?)

RESULTS!
RESULTS!
RESULTS!

C \rightarrow E
WHERE ARE YOU MOST STUCK IN YOUR LIFE? WHY?
MODEL OF COMMUNICATION

INTERNAL FILTERS
(DELETE DISTORT GENERALISE)

ATTITUDES
VALUES
BELIEFS
MEMORIES
DECISIONS
LANGUAGE
META PROGRAMS
TIME SPACE
MATTER & ENERGY

2,000,000 BITS OF INFORMATION PER SECOND

7 (+ OR - 2) CHunks

INTERNAL MAP OF REALITY

STATE ➔ PHYSIOLOGY ➔ BEHAVIOUR
The Power of Focus

Potential Reality

Your 7 +/- 2 Chunks
QUESTIONS TO CUSTOMIZE RESULTS

1. State your outcome in the positive.
   "What specifically do you want?"

2. Specify present situation and get associated.
   "Where are you now?"

3. Clarify your outcome using all your senses.
   "What will you see, hear, feel, (taste or smell) when you have it?"

4. Specify your evidence procedure.
   "How will you know when you have what you want?"

5. Design it to be congruently desirable; and increase your choices.
   "What will this outcome get for you or allow you to do?"

6. Ensure that it is self-initiated and self-maintained.
   "Can you start and maintain the achievement of this goal yourself?"

7. Put it in context to get clearer overall picture.
   "Where, when, how, and with whom do you want it?"
MY HEALTH

Describe the area of your HEALTH where you are most challenged.
MY HEALTH

What would be the cost if you made no change in the area of your health?

How will your LIFE improve once you have made changes in this area?
MY RELATIONSHIPS

Describe the area of your RELATIONSHIPS where you are most challenged.

(You may choose to focus on intimate relationships, family, friends, or relationships in general)
MY RELATIONSHIPS

What would be the cost if you made no change in the area of your relationships?

How will your LIFE improve once you have made changes in this area?
MY CAREER

Describe the area of your CAREER where you are most challenged.

(Refers to your Career or other chosen income generation strategy)
MY CAREER

What would be the cost if you made no change in the area of your career?

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How will your LIFE improve once you have made changes in this area?

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# CURRENT PERSONAL FINANCIAL STATEMENT

<table>
<thead>
<tr>
<th>Assets</th>
<th>Liabilities</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cash on Hand:</td>
<td>Home Mortgage:</td>
</tr>
<tr>
<td>Other Cash:</td>
<td>Real Estate Mortgage:</td>
</tr>
<tr>
<td>Real Estate:</td>
<td>Car Loans:</td>
</tr>
<tr>
<td>Motor Vehicles:</td>
<td>Credit Cards:</td>
</tr>
<tr>
<td>Stocks:</td>
<td>Store Credit:</td>
</tr>
<tr>
<td>Life Insurance:</td>
<td>Bank Loan:</td>
</tr>
<tr>
<td>Businesses:</td>
<td>Unpaid Taxes &amp; Interest:</td>
</tr>
<tr>
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<td>Businesses:</td>
</tr>
<tr>
<td></td>
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<table>
<thead>
<tr>
<th>Total Assets:</th>
<th>Total Liabilities:</th>
</tr>
</thead>
</table>

**TOTAL OF ALL ASSETS**

**LESS TOTAL OF ALL LIABILITIES**

**NET WORTH**

## Income:

- Salary:
- Bonus:
- Commissions:
- Dividends:
- Rental Income:
- Businesses:
- Other Income:

**Passive Income** = 
(Cash Flow from Interest + Dividends + Real Estate + Businesses)

**Total Income:** ________________

## Expenses:

- Taxes:
- Home Mortgage:
- School Loan Payment:
- Car Payment:
- Credit Card Payment:
- Store Credit Payment:
- Other Expenses:
- Child Expenses:
- Bank Loan Payment:

**Total Expenses:** ________________

**Monthly Cash Flow:** ________________

(Total income minus total expenses)
# Financial Statement 5 Years From Now

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</table>

| Total Assets:                  | Total Liabilities:               |

| TOTAL OF ALL ASSETS            | LESS TOTAL OF ALL LIABILITIES    |
| Total Income:                  | NET WORTH                        |

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<tr>
<td>Dividends:</td>
<td>Passive Income = ________________</td>
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<tr>
<td>Rental Income:</td>
<td>(Cash Flow from Interest + Dividends + Real Estate + Businesses)</td>
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| Monthly Cash Flow: ___________ | (Total Income minus total expenses) |
SOME POSSIBLE TIME STREAM CONFIGURATIONS
THREE YEARS IN THE FUTURE

Date: ______________

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SIX MONTHS IN THE FUTURE

Date: _______________
MY LIFE VALUES
VALUES OF SOMEONE WHO HAS ACHIEVED MY GOALS
“I want money because I don’t want to be broke!”

I’m no longer broke. Motivation disappears. I don’t want to be broke.

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MY NEW LIFE VALUES
CREATE YOUR OUTCOME

CLEAR AND CONCISE
REALISTIC
ECOLOGICAL
AS NOW
TOWARD WHAT YOU WANT/TIMED
END STEP/EVIDENCE PROCEDURE

It is now ___________________________ (Future date)
and I am/I have ___________________________ (End Step).
GOALS TO INSERT IN MY FUTURE STREAM OF TIME

It is now __________________ ______________________ (Future date)
and I am/I have __________________ ______________________ __________________
(End Step).

It is now __________________ ______________________ (Future date)
and I am/I have __________________ ______________________ __________________
(End Step).

It is now __________________ ______________________ (Future date)
and I am/I have __________________ ______________________ __________________
(End Step).

It is now __________________ ______________________ (Future date)
and I am/I have __________________ ______________________ __________________
(End Step).

It is now __________________ ______________________ (Future date)
and I am/I have __________________ ______________________ __________________
(End Step).
1. CREATE your outcome
2. Step into the last step - Associate
3. Adjust the SubModalities
4. Step out of it - Dissociate
5. Float up above your time stream
6. Energise with 3 HA breaths
7. Float out into future
8. Insert goal into time stream
LIVING A RICH LIFE

- DOING WHAT YOU LOVE
- MANAGE YOUR MONEY/FINANCES
- HAVE AN ATTITUDE OF GRATITUDE
NEGATIVE EMOTIONS

The first major negative emotion I indulge in most is ___________________________

I am ______________ about:

My _____________ is costing me:
I am absolutely committed to releasing this ________ as a problem in my life because:

My new resource state is:
PRIMARY FUNCTIONS OF THE UNCONSCIOUS MIND

1. Preserves the body

2. Stores memories (in the Stream of Time)

3. Organizes memories

4. It is the domain of emotions

5. Represses memories (unresolved negative emotions)

6. Presents memories (to conscious mind for rationalization and/or resolution)

7. Likes to follow orders

8. Learns symbolically
EMOTION OBLITERATOR

RELEASE POSITION

LEARNING POSITION

ABOVE NOW

EVENT

PLACE OF SAFETY

NOW

PAST

FUTURE
CUTTING ENERGETIC TIES

With whom are you holding onto past resentments or grievances that no longer serve you?

With whom do you need to cut the energetic ties in order to reconnect anew?
CUTTING ENERGETIC TIES

Who do you need to forgive?

Who or what do you need to let go of?
CUTTING ENERGETIC TIES

IN REGARDS TO ALL OF THE ABOVE...

What have these ties cost you up until this point in your life?

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What will they continue to cost you if you don't change now?

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CUTTING ENERGETIC TIES

How will your life improve if you let these ties go?

Why are you absolutely committed to making this change?
LIMITING DECISIONS

The 1st major limiting decision that prevents me from living a rich and fulfilling life is:

__________________________________________________________________________

This decision has cost me:

__________________________________________________________________________

__________________________________________________________________________

__________________________________________________________________________

I am absolutely committed to releasing this as a problem in my life because:

__________________________________________________________________________

__________________________________________________________________________

__________________________________________________________________________

__________________________________________________________________________

My new empowering decision about life is:

__________________________________________________________________________
THE BASIS OF LONG-TERM CHANGE

1. Decide

2. Commitment

3. Act - Enforce Boundaries

4. Focus on what you want

5. Create a powerfully supportive environment

6. ?????For you to work out